



THE RESTAURANT

AT WEST HERTS COLLEGE

Lunch Menu

18th - 28th January 2022

Arrive between 12pm and 12:30pm

Price £6 per head, book in advance

*To book a reservation, please call 01923 812464 or email at
reservations@westherts.ac.uk*

STARTERS

Spiced Carrot & Lentil Soup (V, GF)

Served with a bread roll

Spinach & Pepper Frittata (V, GF)

Served with Garden Salad

MAIN COURSES

Navarin of Lamb

*slow cooked Lamb in a red wine sauce
served with sweet potato mash & French beans*

Poached Hake

served with a lemon & caper sauce, sweet potato mash and French beans

Vegetable Chilli (V, GF)

*fresh vegetables and beans in a rich tomato spicy sauce
served with braised white rice*

DESSERTS

Spotted Dick

Served with custard

Fresh Fruit Plate (V, GF)

V Suitable for Vegetarians **VG** Vegan **GF** Gluten Free

Please note dishes are prepared in areas where they may come into contact with nuts.